

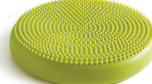








BODY & MIND ZONE

Pilates roller 12 month warranty	heavy ball 12 month warranty	magic circle 12 month warranty	air disc 12 month warranty	deluxe mat 12 month warranty		
						
90 x 15 cm – purple, graphite	9 cm, 0,5 kg – olive	11 cm, 1 kg – purple	38 cm – purple, grey	32 x 6.5 cm – olive, purple		
fascia roller 30/15 cm (M)* 12 month warranty	fascia roller 30/15 cm (H)* 12 month warranty	mini roller 15/5 cm (H)* 12 month warranty	duo ball 16/8 cm (H)* 12 month warranty	duo ball 24/12 cm (H)* 12 month warranty	fascia ball 10 cm (H)* 12 month warranty	MFR ball 12 month warranty
						
30 x 15 cm – black	30 x 15 cm – black	15 x 5 cm – black	16 x 8 cm – black	24 x 12 cm – black	10 cm – black	6 cm – grey
yoga bolster 12 month warranty	yoga strap 12 month warranty	wooden yoga block 12 month warranty	cork yoga block 12 month warranty	yoga blanket v.2 12 month warranty	yoga basis mat 12 month warranty	strap for yoga basis mat 12 month warranty
						
66 x 19 cm – purple, marine, graphite	300 x 3 cm – purple, grey, graphite	11.5 x 23.5 x 7 cm	14.8 x 22.4 x 7.4 cm	150 x 200 cm – grey	183 x 60 x 0.5 cm – purple, marine, graphite	full length: 143 cm – graphite

* These products are not available for sale in Germany, Switzerland and Austria.

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STORAGE

All racks, equipment storage units and hangers have a 12 month warranty.

tiguar brave line

MADE IN
POLAND

When we were designing the new tiguar brave racks and storage accessories, we set ourselves the following goals: we wanted them to be convenient and intuitive when it comes to putting the equipment down; we wanted the whole range to be aesthetic and harmonious and to make it one of its kind. On top of that, each rack fits in euro pallet, which minimizes delivery costs.



brave powergym rack
maximum storage capacity:
21 sets of tiguar power gym /
24 sets of tiguar power gym butterfly
width: 103 cm, depth: 88 cm, height: 165 cm



brave kettlebell rack
maximum storage capacity:
up to 40 tiguar kettlebells
width: 103 cm, depth: 79 cm,
height: 147 cm



brave dumbbell rack
maximum storage capacity: between
50 and 60 pairs of tiguar vinyl dumbbells
width: 103 cm, depth: 79 cm,
height: 147 cm



brave universal rack
Universal, modular rack for the fitness accessories. Easy adjustment of the shelves and hangers enables various combinations.
width: 103 cm, depth: 79 cm, height: 180 cm



brave equipment storage unit
width: 95 cm, depth: 86 cm,
height: 88 cm



accessories hanger
suitable for storing e.g. mini bands,
power bands, tubes, yoga straps,
jump ropes and suspension systems
width: 60 cm, depth: 16 cm



mat hanger v2
maximum storage capacity:
10 tiguar deluxe mats / 10 tiguar
comfortmats / 15 tiguar workout
mats / 20 tiguar yoga mats
width: 60 cm, depth: 26 cm



mat hanger
maximum storage capacity:
10 tiguar deluxe mats / 10 tiguar
comfortmats / 15 tiguar workout
mats / 20 tiguar yoga mats
width: 36 cm, depth: 25 cm



ball hanger
A modular, economic wall hanger
designed to store a 55 to 75 cm balls.
Maximum storage capacity: 3 tiguar
body balls.
width: 200 cm, depth: 55 cm

tiguar smart line

The tiguar smart line has been designed as a system ready for assembly, modification and easy transport. Replaceable accessories make it possible to rebuild that system on user's own and adjust it to the changing needs. Simple form, high functionality and surprisingly low price are the major hallmarks of the tiguar racks line.

MADE IN
POLAND

1

The permanent fixtures of the rack are the base and the long profile. In the case of the kettlebells rack – the short one.



2

One can attach shelves, handles and hangers to the profile – we have got several various modules designed for different tiguar accessories.



3

Although all the elements have been designed to make it possible for the users to configure them on their own, one can also use the ready-made and trusty solutions.



smart equipment storage unit
width: 87 cm, depth: 71 cm,
height: 47 cm



smart kettlebell rack
storage capacity:
about 8 tiguar kettlebells
height: 40 cm, width: 63 cm,
depth: 44 cm



smart heavy bar rack
maximum storage capacity:
up to 32 tiguar heavy bars
height: 180 cm, width: 56 cm,
depth: 44 cm



smart powerbag rack
maximum storage capacity:
5 tiguar powerbags
height: 180 cm, width: 56 cm,
depth: 44 cm



smart medicine ball rack
maximum storage capacity:
10 tiguar medicine balls
height: 180 cm, width: 56 cm,
depth: 44 cm



smart universal rack
height: 87 cm, width: 71 cm,
depth: 47 cm



smart powergym rack 8/6
maximum storage capacity:
8 tiguar power gym butterfly sets /
6 tiguar power gym sets
height: 180 cm, width: 56 cm,
depth: 45 cm



smart powergym rack 16/12
maximum storage capacity:
16 tiguar power gym butterfly sets /
12 tiguar power gym sets
height: 180 cm, width: 78 cm,
depth: 44 cm



smart mat hanger
maximum storage capacity:
12 tiguar deluxe mats / 12 tiguar comfort-
mats / 25 tiguar workout mats / 30 tiguar
yoga mats
height: 180 cm, width: 56 cm, depth: 45 cm

FITNESS ZONE

power gym butterfly

24 month warranty
(12 month warranty for the bar)

2 x 1.25 kg – purple; 2 x 2.5 kg – marine; 2 x 5 kg – olive;
bar 140 cm, ca. 1.8 kg – graphite; 2 quick lock collars – grey

power gym butterfly plates

24 month warranty

2 x 7.5 kg – graphite

power gym

12 month warranty

2 x 1.25 kg – purple; 2 x 2.5 kg – marine; 2 x 4.5 kg – grey; bar 140 cm
lang, ca. 1.6 kg – graphite; 2 quick lock collars – olive + grey

step

48 month warranty
(24 month warranty for rubber
elements)

NEW

width: 42 cm, height: 15 cm, length: 98 cm,
colour: graphite, purple

step risers

24 month warranty

risers allowing you to raise the step up
to 20 and 24 cm height, colour: grey

body ball safety plus

12 month warranty

NEW

55 cm – olive

65 cm – purple, graphite

75 cm – marine

easy ball

12 month warranty

25 cm – olive, purple

ovoball

12 month warranty

16.5 x 25 cm – purple, marine

small fitness ball pump

6 month warranty

total length (folded piston): 17.8 cm

sliders

12 month warranty

17.5 x 0.7 cm – black

heavy bar

12 month warranty

120 cm, 3 kg – purple

120 cm, 4 kg – marine

120 cm, 5 kg – olive

120 cm, 6 kg – grey

powerband GT by tiguar

6 month warranty

●○○○ – purple

●●○○ – marine

●●●○ – olive

●●●● – grey

mini bands

6 month warranty

set of mini bands in the full resistance range

vinyl dumbbells

12 month warranty

0.5 kg – purple

1.0 kg – marine

1.5 kg – olive

2.0 kg – grey

3.0 kg – raspberry

4.0 kg – aubergine

5.0 kg – dark grey

0.5 kg – purple/black

0.75 kg – marine/black

1.0 kg – olive/black

1.5 kg – grey/black

2 kg – raspberry/black

maxi tube

6 month warranty

160 cm, light – purple

160 cm, medium – marine

160 cm, strong – grey

180 cm, light – purple

180 cm, medium – marine

180 cm, strong – grey

215 cm, light – purple

215 cm, medium – marine

215 cm, strong – grey

MATS

workout mat

12 month warranty

100 x 50 x 0.9 cm – purple, black

comfortmat

60 month warranty

120 x 60 x 1.5 cm – purple, marine

deluxe mat

12 month warranty

180 x 60 x 1.8 cm – purple, graphite

yoga basis mat

12 month warranty

183 x 60 x 0.5 cm – purple, marine, graphite

strap for yoga basis mat

12 month warranty

full length: 143 cm – graphite

AERIAL ZONE

aerial hammock

12 month warranty

6 m – light grey, purple, marine, graphite

aerial silk

12 month warranty

6, 7, 8 m – light grey, purple, marine, graphite

aerial hoop

12 month warranty

90, 95, 100 cm – black, one grip

hoop tape

12 month warranty

910 x 3.8 cm – black

round crash mat

12 month warranty

Ø120x5 cm, Ø120x10 cm, Ø150x5 cm,
Ø150x10 cm – black

gymnastic mat

12 month warranty

200x120x20 cm – blue/yellow

200x120x10 cm – black/red

PES sling

12 month warranty

50, 100, 200 cm – black

velvet sling

12 month warranty

100 cm – silver,
purple, blue, black

extension strap

12 month warranty

180 cm – black

hand loop

12 month warranty

50 cm – black

anchor point

12 month warranty

orange

large carabiner

12 month warranty

min. 20 kN

oval carabiner

12 month warranty

min. 20 kN

figure 8

12 month warranty

min. 25 kN

swivel

12 month warranty

min. 30 kN – red/black

SUSPENSION SYSTEM

NEW

MADE IN
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**suspension system
ALFA PRO**

12 month warranty



**suspension system
ALFA ONE**

12 month warranty



gymnastic rings

12 month warranty



23.6 x 2.8 cm

extension 101 with a carabiner

12 month warranty



101 cm – grafit

extension 123

12 month warranty



123 cm – black

door anchor

12 month warranty



25 cm – black

FIGHT

NEW

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boxing bag 30

12 month warranty

30 kg
30 x 30 x 130 cm
– black



boxing bag 45

12 month warranty

45 kg
45 x 45 x 145 cm
– black



boxing bag 60

12 month warranty

60 kg
45 x 45 x 160 cm
– black



MMA bag 30

12 month warranty

30 kg, 35 x 35 x 100 cm – black



MMA bag 40

12 month warranty

40 kg, 40 x 40 x 135 cm – black



MMA bag 50

12 month warranty

50 kg, 45 x 45 x 150 cm – black



FUNCTIONAL ZONE

plyo soft box v.2

12 month warranty



length 90 cm x width 75 cm x
height 15-30-45-60 cm, black

training soft box

12 month warranty



50 x 60 x 75 cm – black

training box

24 month warranty



50 x 60 x 75 cm – wooden
plywood 1.5 cm

speed rope superior

12 month warranty



steel rope: length 300 cm,
plastic handles covered with PU tape:
length 13 cm – black

speed rope pro

12 month warranty



steel rope: length 300 cm,
aluminium handles:
length 18 cm – black

battle rope

12 month warranty



3,8 cm x 9,1m – black
3,8 cm x 12,2 m – black

powerbag v.3 12 month warranty



5 kg – purple/black



10 kg – marine/black



15 kg – olive/black



20 kg – grey/black



25 kg – malina/black

vinyl kettlebell 12 month warranty



4 kg – purple



6 kg – marine



8 kg – olive



10 kg – grey



12 kg – raspberry

medicine ball 12 month warranty



1 kg – purple



2 kg – marine



3 kg – olive



4 kg – grey

medicine ball dual grip handles 12 month warranty



5 kg – purple/grey



6 kg – marine/grey



7 kg – olive/grey



8 kg – grey/grey



9 kg – raspberry/grey



10 kg – aubergine/grey

slam ball

12 month warranty



4 kg – black



6 kg – black



8 kg – black



10 kg – black



12 kg – black



15 kg – black

wall ball

12 month warranty



2 kg – black



3 kg – black



4 kg – black



5 kg – black



6 kg – black



8 kg – black



10 kg – black

iron kettlebell RAW

12 month warranty



4 kg – black/purple



6 kg – black/marine



8 kg – black/olive



10 kg – black/grey



12 kg – black/raspberry



16 kg – black/aubergine



20 kg – black/grey



24 kg – black/purple



28 kg – black/marine



32 kg – black/olive



36 kg – black/grey



40 kg – black/raspberry

**magnetic speed ladder
GT by tiguar**

6 month warranty



40 x 40 cm – yellow

powerband GT by tiguar 6 month warranty



●○○○ – purple



●●○○ – marine

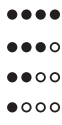


●●●○ – olive



●●●● – grey

mini bands 6 month warranty



set of mini bands in the full resistance range

sliders 12 month warranty



17.5 x 0.7 cm – black

FREE WEIGHTS ZONE



Olympic men's bar 20 kg
24 month warranty
length: 220 cm, weight: 20 kg
grip diameter: 28 mm
sleeve diameter: 50 mm



Olympic women's bar 15 kg
24 month warranty
length: 201 cm, weight: 15 kg
grip diameter: 25 mm
sleeve diameter: 50 mm



training long bar 180 cm
24 month warranty
length: 180 cm, weight: 17 kg
grip diameter: 28 mm
sleeve diameter: 50 mm



training medium bar 150 cm
24 month warranty
length: 150 cm, weight: 13 kg
grip diameter: 28 mm
sleeve diameter: 50 mm




training short curl bar 120 cm
24 month warranty
length: 120 cm, weight: 10 kg
grip diameter: 28 mm
sleeve diameter: 50 mm




hex bar
24 month warranty
length: 140 cm, weight: 26.4 kg
grip diameter: 30 mm
sleeve diameter: 50 mm




lock-jaw collars
12 month warranty
diameter: 50 mm




PU weight plates
24 month warranty
material: cast iron core covered with polyurethane
weights: 1.25 kg; 2.5 kg; 5 kg; 10 kg; 15 kg; 20 kg; 25 kg




rubber bumpers v.2
24 month warranty
material: steel sleeve covered with 100% compressed rubber granulate
weights: 5 kg; 10 kg; 15 kg; 20 kg




curl PU barbells
24 month warranty
bar length: 90 cm
bar diameter: 32 mm
weights: 7.5 kg, 10-55 kg (5 kg increment)




straight PU barbells
24 month warranty
bar length: 90 cm
bar diameter: 32 mm
weights: 7.5 kg, 10-55 kg (5 kg increment)




PU dumbbells
24 month warranty
handle length: 15.2 cm
knurled handle
weights: 2.5-50 kg (2.5 kg increment)



PU dumbbells set 1-10 kg
24 month warranty
handle length: 15.2 cm
knurled handle
weights: 1-10 kg (1 kg increment)




spring collars
12 month warranty
diameter: 50 mm




PU dumbbell rack with caps
60 month warranty
version 110 cm
maximum storage capacity: 10 pcs of tigrar PU dumbbells; length: 110 cm, height: 94 cm, depth: 64 cm, weight: 55 kg
version 220 cm
maximum storage capacity: 20 pcs of tigrar PU dumbbells; length: 220 cm, height: 94 cm, depth: 64 cm, weight: 80 kg




PU dumbbell rack without caps
60 month warranty
version 110 cm
maximum storage capacity: 10-14 pcs of tigrar PU dumbbells depending on their weight, length: 110 cm, height: 94 cm, depth: 64 cm, weight: 52 kg
version 220 cm
maximum storage capacity: 22-24 pcs of tigrar PU dumbbells depending on their weight, length: 220 cm, height: 94 cm, depth: 64 cm, weight: 76 kg







bar rack
24 month warranty
maximum storage capacity: 5 pcs of tigrar bars (150 kg); length: 46 cm, height: 9 cm, depth: 13 cm, weight: 2.5 kg




bar rack
60 month warranty
maximum storage capacity: 8 pcs of tigrar bars
length: 21.8 cm, height: 62 cm, depth: 53 cm, weight: 20 kg




half PU barbell rack v2
60 month warranty
maximum storage capacity: 5 pcs of tigrar PU barbells
length: 87 cm, height: 135 cm, depth: 57 cm, weight: 27 kg



PU barbell rack v2
60 month warranty
maximum storage capacity: 10 pcs of tigrar PU barbells
length: 87 cm, height: 135 cm, depth: 113,5 cm, weight: 51 kg



PU dumbbell rack
60 month warranty
maximum storage capacity: 20 pcs of tigrar PU dumbbells
length: 60 cm, height: 177 cm, depth: 57 cm, weight: 33 kg



PU weight plate rack v2
60 month warranty
maximum storage capacity: 2 sets of tigrar PU weight plate + 2 bars + 2 pairs of collars
length: 139 cm, height: 57 cm, depth: 64 cm, weight: 27 kg

FLOORING

tigrar rubber flooring

tigrar rubber flooring is designed for fitness clubs, training studios, sports centres and outdoor gyms. It works well wherever high quality, safety and durability are required – not only inside, but also outside.

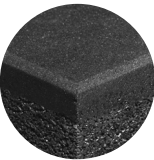
tigrar flooring is manufactured in Poland, always to order and thanks to this fact we can guarantee: quick realization, full customization (you order only as many modules as you need) and the highest quality of the product.

MADE IN
POLAND


PRODUCT
MADE OF
RECYCLED
TYRES

Our flooring is made of purified SBR granules with excellent technical parameters (99,9% purified granules). Advanced technological processes used in its production ensure excellent smoothness, durability, level coloring, durability and high aesthetics of each element of our flooring. In addition, the perfect matching of individual modules allows for their self-assembly and adjustment to the dimensions of the room.


shape	type	size	thickness
square	BASE	101 x 101 cm	1 – 5 cm
	ANTISHOCK	100 x 100 cm	4,2 – 6,2 cm
	GRASS	101 x 101 cm	2 – 3 cm
puzzle	SLICE	98 x 98 cm	0,8 – 1,5 cm
	GRASS	99 x 99 cm	2 – 3 cm



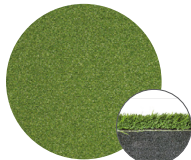
base




slice




antishock



grass



standard



premium

full color



red 3016



blue 5015



green 6011



orange 2008



yellow 1002



grey 7038



black 9004

mosaic



red 3016



blue 5015



green 6011



orange 2008



yellow 1002



grey 7038



basic black

+



=



mosaic 10%